

Relationships, Boundaries and Sexuality: A Workshop for Parents & Caregivers of Children with Disabilities

A parent and caregiver conversation on tools for healthy relationships, boundaries and sexual health for children and youth with disabilities.

Brought to us by [Mad Hatter Wellness](#), where "we envision a world that provides and promotes equitable health and wellness education for all people." Founded in 2013 by Katie Thune, Mad Hatter Wellness has two primary programs: the Power of Me and Sexuality for All Abilities.



Kim Rossow

Presenter, **Kim Rossow** is the Parent/Caregiver Education Specialist for Mad Hatter Wellness.

Kim has her Masters of Public Health from the UMN and 20 years of experience in sexual health education and wellness. But her real expertise comes from her 14 years of parenting her three unique children, including one child who has a profound intellectual and developmental disability.

This culmination of personal and professional experience has created a passion, perspective, and expertise to support parents and individuals with disabilities as they work through the joys and trials of sexuality.

In this workshop, we will:

- Discuss sexual education for people with disabilities.
- Learn how to support your child to develop safe and healthy relationships.
- Learn how to have conversations about safety, sexuality, appropriate boundaries, and healthy relationships.
- Learn about teaching tools and strategies for home.

Thursday, January 28th, 2021

1:00 – 2:00 PM

Meeting virtually via Zoom

Register: <https://bit.ly/fvmnweb>

Refer questions to: Jamie@familyvoicesmn.org



A healthy relationship
will never require you
to sacrifice your
friends, your dreams,
or your dignity.

~ Mandy Hale