



**Past Life Experiences**

List past life experiences and events that have supported your vision for a good life

**Moving Forward**

List current or future life experiences or goals that will continue to support your good life vision

**Vision for What I Want**

List what you want your "GOOD LIFE" to look like

**What I Don't Want**

List the things you don't want or what is NOT a "good life"

List past life experiences that pushed your trajectory toward things you don't want

List things to avoid that could keep you from your good life vision or lead to what you don't want

