

Key Minnesota CtLC **RESOURCES**: *Transition to Adulthood*

(Compiled by MN Connect Leadership Group*)

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Resource	LINK	Submitted by:
Educator resource: MDE Transition page link for Charting the Life Course	https://education.mn.gov/MDE/dse/sped/sec/	Lindsey Horowitz, MDE
Charting the Life Course Tools for Families	https://disabilityhubmn.org/for-families/charting-the-lifecourse-for-families/	Heather Stillwell, SEMCIL
One to one peer support, support groups, information and resources for MN parents who are raising children with disabilities. Staff are CtLC ambassadors.	Family Voices of Minnesota	Jamie O’Conner, Family Voices of MN
Student resources from Pacer	www.pacer.org/students	Abbie Wells-Herzog DEED
Into Adulthood Guide	https://mylegalaid.org/our-work/programs/transition-youth-program	Nora Ulseth, The Arc Minnesota
Charting the LifeCourse website	https://www.lifecoursetools.com/	Heather Stillwell, SEMCIL
Marco de Referencia en Español	https://www.lifecoursetools.com/lifecourse-library/foundational-tools/marco-de-referencia-en-espanol/#person-centered-tools	Jamie O’Conner, Family Voices of MN
Disability Hub MN - A free statewide resource that help you solve problems, navigate the system, and plan for your future.	www.disabilityhubmn.org	Heather Stillwell, SEMCIL
Disability Hub MN - For Families - Transition to Adulthood	https://disabilityhubmn.org/for-families/transition-to-adulthood/	
Disability Benefits 101 (db101) gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work & benefits go together.	https://mn.db101.org/	Heather Stillwell, SEMCIL
Housing Benefits 101 (HB101) gives you tools and information to explore and plan for housing at any life stage.	https://mn.hb101.org/nav/situation/	
My Vault - A secure online tool where you can complete planning activities as well as save &	https://disabilityhubmn.org/hub-tools/online-resources/my-vault/	Heather Stillwell, SEMCIL

**share information securely with your IEP team
and others who support you.**

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