

Disability Hub MN™: A Resource Network

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Community Capacity Builders
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What is Disability Hub MN™?

- Free statewide resource network
- A simple, single access point
- Safe, neutral, and trusted resource
- Comprehensive—puts the pieces together

Our Team

- Person Centered Trained Options Counselor
- Some OC's have additional credentialing in other areas of expertise
- In multiple communities across Minnesota



Contacts: 2022 Data



74,463 contacts
which served
23,233 people



Phone calls: 58%



Emails: 16%



Chats: 8%

Who We Help...

- Case Managers and Social Workers
- Education professionals
- Employment support professionals
- Anyone in a support role
- Family, Friends, Neighbors, etc.
- Self-advocates
- Anyone regardless of disability

You can ask us anything!

- What are my health insurance options?
- Support in finding community resources.
- Can I live where I want and get the help I need?
- Support in understanding what person centeredness means to me.
- Can I work, or work more?
- Troubleshoot issues with benefits and understand them

Frequent Topics: 2022 Data



Health Benefits



Cash Benefits



Health &
Wellness



MA Programs
& Services



Disability Hub
MN / DB101 /
HB101



Housing /
Shelter

How We Might Help...

- Contact information for a needed agency or service
- Support in contacting an agency or organization
- Understanding available options so a decision can be made
- Work 1:1 with an Options Counselor to meet goals
- Build knowledge around benefits, programs and tools for personal and professional success

Hub Helpful Tools

- DisabilityHubMN.org
- [DB101](#)
- [HB101](#)
- My Vault
- MinnesotaHelp.info
- [Direct Support Connect](#)

Questions?

Anita & the Disability Hub MN



Anita– Initial Call

Survived a stroke with brain injury.

Would like information about Social Security benefits.

Discovery

Have you been working?

What income and resources are currently available? Health Care coverage?

Long Term Disability Benefits?

Are you getting any support now? What type of supports do you need and want?

Initial Call Education

Social Security benefit differences.

Social Security work rules.

Health Care work rules.

Reporting changes for all benefit programs.

DB101:

- [My Vault](#)
- [Articles](#)

Resource Articles for Anita

Disability Hub Mn Website:

- [Independent living](#)
- [Ways to get more money: Social Security](#)
- [Money management](#)

Within the DB101 Programs Section:

- [Finding the Right Coverage for You](#)

DB101

Vault Activity: Communication Profile

Anita

MY COMMUNICATION PROFILE

- I prefer: English
- Pictures help me understand



HOW TO REACH ME

CONTACT ME BY:

- Text message
- Email

IF SOMETHING IS URGENT OR DIFFICULT:

- Put it in writing
- My staff should be present

HOW I USUALLY COMMUNICATE

I MAY:

- Have a hard time expressing myself
- Sometimes get negative
- Ask lots of questions

HOW I COMMUNICATE WHEN I'M UPSET

Vault Activity: My Day, My Life – What if?

What If? Results

Print this out and keep it somewhere easy to find. And make sure to talk with the people who will help you before there's an emergency. Together, you can plan for these situations.

Home or Apartment Problems

You can't get in (locked out, jammed door)	Landlord/manager	Phil Landlord	651-555-6666
Major repair needed (no heat, no power)	Landlord/manager	Phil Landlord	651-555-6666
A fire or fire alarm	I'll use an agency	911	911
You smell gas or hear a carbon monoxide alarm	Family/friends help	Bob Test Gina Test	651-111-2222 651-222-3333
Plumbing (toilet overflow, water leak)	Family/friends help	Gina Test	651-222-3333
Small job needed (change lightbulb, shovel snow)	Family/friends help	Bob Test	651-111-2222
Pests (mice, rats, roaches, ants)	I'll use an agency		
Repairs force you to leave your place	Family/friends help	Bob Test Gina Test	651-111-2222 651-222-3333

Health or Personal Problems

Questions?

How to reach us?

Contact a Hub expert.

Our experts are here to help you get answers to your questions, so you can live your best life, your way. Chat, call or email us today!



Chat with us. Monday to Friday, 8:30 am to 5 pm.



Call 1-866-333-2466. Monday to Friday, 8:30 am to 5 pm.



Email us. Emails are answered Monday to Friday.



Now on Facebook!

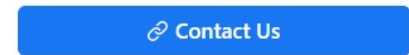


1-866-333-2466
disabilityhubmn.org



Disability Hub MN

@disabilityhubmn · Non-Governmental Organization (NGO)



We appreciate your time!

Please consider sharing your thoughts on today's presentation.

Click [here](#) to begin.

We appreciate your time and opinion!

Thank you!

Your best life, your way.

Disability Hub MN is a free statewide resource network that helps you solve problems, navigate the system, or plan for your future. Our team knows the ins and outs of community resources and government programs, and has years of experience helping people fit them all together

