

## HOME OF MINNESOTA'S PARENT TO PARENT (P2P) NETWORK



### **PARENTS HELPING PARENTS**

Giving families the skills and support they need to help their children with disabilities reach their full potential. Helping families feel less isolated and more confident.

### **WE'RE DRIVEN TO ENSURE NO PARENT FEELS ALONE. EVER.**

**P2P** is a statewide network of parents (mothers, fathers, and caregivers) supporting families of children with developmental delays, disabilities, mental health challenges and special health needs. As trained parents, we offer emotional support and information and act as a valuable resource to families.

### **GET CONNECTED NOW!**

talk/text: **612-440-1609**

toll free: **866-334-8444**



[Connected@familyvoicesmn.org](mailto:Connected@familyvoicesmn.org)



[familyvoicesmn.org](http://familyvoicesmn.org)



## What MN Parent to Parent Offers

- **Individual connections**

between families with similar needs and experiences.

- **Emotional support** for parents when they learn their child has a developmental delay, disability, or other special health need.

- **Assistance** in learning the necessary skills to help parents face the challenges of raising their children.

- **Information** on local, state, and national resources for the child and family.

- **Current information** about a variety of disabilities and health issues.

- **Training** for parents to become support parents and family leaders.



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**ALLIANCE MEMBER**



**PARENT**TO**PARENT**  
USA



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