

Life Planning, LLC

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Home and community-based service waivers

Programs

Minnesota has entered into a number of waiver agreements with the federal government in order to provide Minnesotans with more choice in their services. There are some differences in the services available in each waiver and the amount of money a person can use to purchase supports.

Home and community-based waiver programs available to people who meet the eligibility criteria include:

- ◊ Brain Injury (BI) Waiver for people with acquired or traumatic brain injuries who need the level of care provided in a nursing facility that provides specialized (cognitive and behavioral supports) services for people with brain injury or neurobehavioral hospital level of care.
- ◊ Community Alternative Care (CAC) Waiver for chronically ill and medically fragile people who need the level of care provided in a hospital.
- ◊ Community Access for Disability Inclusion (CADI) Waiver for people with disabilities who require the level of care provided in a nursing facility.
- ◊ Developmental Disabilities (DD) Waiver for people with developmental disability or related condition who need the level of care provided in an Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD).

Support Planner service examples:

- Assist client and managing party understanding of the waiver process.
- Meetings to discuss client's needs.
- Familiarization with client diagnosis as required to meet client needs.
- Completion of the waiver document.
- Creation of a Health & Safety Plan.
- Completion of Addendums/Revisions of the budget as requested by the client, Managing Party or required by the County of Financial Responsibility or its representatives.
- Attendance at Care Planning Meetings as requested by the client or Managing Party.
- Communication with client Social Worker, Case Worker, Fiscal Support Entity, and Managing Party
- Provide Item/service knowledge and recommendation for inclusion on waiver.
- Item/service exploration for waiver requests.
- Supplying and requesting completion of forms required to approve an item or service on the waiver by "Additional Contacts" (listed on the waiver document).
- Review waiver expenditures as required or requested.
- Provide Item/service knowledge and recommendation for inclusion on waiver.
- Item/service exploration for waiver requests.
- Other duties as requested by client/Managing Party.

Item/Service examples

The services and supports you purchase MUST:

1. Be required to meet the identified needs related to primary diagnoses identified on the waiver document. For “primary diagnoses” think of the diagnoses that required the waiver. For instance, ADHD would be a primary diagnosis, allergies may not.
2. Provide support to allowing a person to live in their own home.
3. Be the least costly alternative that reasonably meets identified needs.
4. Be only for the sole benefit of the waiver recipient.
5. Be approved by the representative county (at their discretion).

Services and supports are appropriate to buy when they are reasonably necessary to meet the following outcomes:

- Maintain ability to remain in the community.
- Enhance community inclusion and family involvement.
- Develop or maintain personal, social, physical, or work-related skills.
- Decrease dependency on formal support services.
- Increase independence.
- Increase the ability of unpaid family members and friends to receive training and education needed to provide support.

Current Categories of Services:

Personal assistance

- Paid Parent of Minor-Support is limited to 40 hours per week regardless of the number of minor children with disabilities and/or the number of parents being paid. 20 hours per week of overtime may be approvable.
- Support Staff*
- Primary Caregiver Relief Staff* (for respite time)
- Shared Services-Services provided at the same time by the same direct support worker to two or three CDCS participants who have entered into an agreement to share CDCS services.
- Support Staff Merit bonuses.

*No single staff member may work more than 40 hours per week Sunday-Saturday or combined Paid Parent hours for a minor.

Treatment and training

- Additional cost of adapting a community class.
- Adapted equipment required to participate in activity.
- Private, Adapted Swim Lessons—Basic Water Safety only
Cost of adapted, single pers on lessons - Typical cost of group class = Cost to be covered
- Diagnosis related Books, DVDs, Magazines/Periodicals
- 245D licensed respite provider services
- Therapies not considered experimental and not covered by other MA or other insurance:
Music Therapy
Therapeutic Horseback Riding
Therapeutic Listening Program
Behavioral therapy
- Training/workshops/seminars/conventions for participant, paid and unpaid caregivers.
Expenses for travel, lodging or meals is not fundable.
Training outside of MN is allowed in WI, Iowa, SD, and ND

Environmental modifications and provisions

- home/vehicle modifications (if over \$5000, bids are required and if approved the first \$5000 paid via waiver)
 - Modifications to bathrooms
 - Ramps
 - Modifications to address behaviors/safety.
- assistive technology
 - iPad/Tablet- MUST have other uses beyond communication (e.g., emotional regulation, behavioral, scheduling, etc.). MA will usually cover if needed for communication.
 - Applications & Software
- monitoring technology
 - GPS monitoring device-for elopement risk or individuals with communication issues
 - Cameras and Listening devices such as baby monitors (use areas are limited)
 - Door/Window Alerts or Motion detectors
- special diets-physician prescribed & related to disability.
- adaptive clothing and footwear
- adaptive equipment
- chux/diapers/pull ups (beyond age 4 and need over what MA will cover)
- Sensory Items

Self-direction support activities

- Advertising to find support workers (Staffing)
- Liability insurance, workers compensation insurance, and taxes (Payroll Fees)
- Fiscal Support Entity Fees
- Support Planner Fees